

About the Courses:

Where?

Using the attached instructions, register at:
<https://solihullapproachparenting.com>
 > Online courses for professionals

Access Code

When prompted, insert the access code below:

CHOPERA PRF

You only need to do this once. All courses will appear in your account for you to start when you are ready.

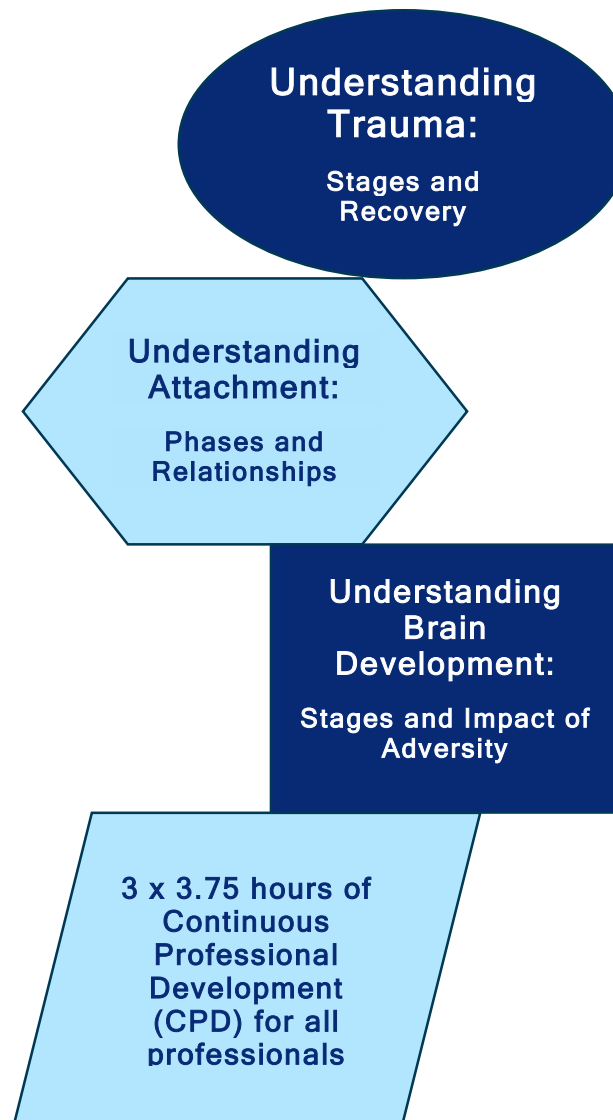
This access code goes live from 15/03/21 and will remain accessible for 12 months, until 15/03/22.

How long does it take?

Each course takes approx. 3.75 hours. Each course consists of a number of modules which can be completed in one sitting, but periods of time between modules are recommended for consolidation.

How do I resume a course I have already started, or start a new course?

<https://solihullapproachparenting.com>
 > Online courses for professionals
 > Already have an account? Sign in.



HSE CHO Dublin
 North City & County

Primary Care Psychology Services
 CHO Dublin North City & County
 In conjunction with Solihull Approach

Free Solihull Approach Online Courses for Professionals



Supporting your workforce to become:

1. Trauma-informed
2. Attachment-aware
3. Neurodevelopment-aware

UNDERSTANDING YOUR CHILD



What is MUL?

A **Multi-User Licence** enables every professional across health and social care services in your area to access **evidence based**, online courses with focus on enhancing your workforce's understanding of trauma, attachment and brain development.

The Solihull Approach:

Focuses on Emotional Health and Well-being.

Provides training and resources for practitioners working with children and families.

The courses explore complex ideas, without jargon and broken down into bite-size chunks that can be revisited.

Benefits:

Consistent understanding and language across agencies.

Early intervention and prevention

Strong, growing evidence base.

Public health level change.

Courses On Offer:

Understanding Trauma:

- Stages of traumatic experiences.
- Recognising trauma.
- Recovery from trauma.
- Trauma aware community.



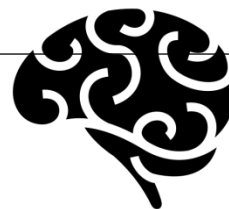
Understanding Attachment:

- Key concepts, phases of attachment development
- Quality of an attachment relationship



Understanding Brain Development:

- Antenatal brain development
- Early years brain development
- Mirror neurons
- Trauma and brain development
- Adolescents and sleep, risk taking, drug and alcohol use, sensitivity to social rejection
- ACEs (adverse childhood experiences).



About the Courses:

Who can attend?

This licence allows for the Primary Care Assistant Psychology initiative to facilitate this training to colleagues across a number of disciplines, working in Health and Social Care services. The hope is that this training can be availed of by as many professionals as possible.



Certification:

A certificate of completion can be downloaded after finishing the course.

Completion of 3 Advanced Trainings plus Solihull Approach Foundation training qualifies a professional to apply for an Advanced Trained Practitioner status from the Solihull Approach Office.